



WEEKLY CALENDAR

9 / 1 - 9 / 7



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>No Classes</p>	<p>Memorial Day</p> <p>School Closed</p> <p>No Classes</p>	<p>6pm Kung-Fu (All Ages) Green Sash & Above Tan Tei / Springing Legs</p>	<p>5pm Martial Arts (5-8) All Levels Round House Kicks Side Kicks</p> <p>6pm Martial Arts (9-15) All Levels 3-Minute Kick Drills</p>	<p>No Classes</p>	<p>No Classes</p>	<p>10am Weekend Warrior Workouts 16+ - Adult</p> <p>11am Martial Arts (5-8) All Levels Basic Kicking Kick Combo Line Drills</p> <p>12pm Martial Arts (9-15) Round House Kicks Side Kicks</p> <p>1pm Kung-Fu (All Ages) Green Sash & Above Forms Steps & Presentation</p>



WEEKLY CALENDAR

9 / 8 - 9 / 14



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No Classes	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Basic Strikes & Blocks Stand Alone Kicks</p> <p style="text-align: center;">6pm Martial Arts (9-15) All Levels Side Kicks</p>	<p style="text-align: center;">6pm Kung-Fu (All Ages) Green Sash & Above So Chu Kwon Form Application</p>	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Blocks & Evasion</p> <p style="text-align: center;">6pm Martial Arts Ages 9-15 Basic Kicking Kick Combo Line Drills</p>	No Classes	No Classes	<p style="text-align: center;">9am Weekend Warrior Workouts 16+ - Adult</p> <p style="text-align: center;">10am Hip-Hop Dance Ages 6-10 Beginner</p> <p style="text-align: center;">11am Martial Arts (5-8) All Levels Targeting Kicking</p> <p style="text-align: center;">12pm Martial Arts (9-15) Kickboxing</p> <p style="text-align: center;">1pm Kung-Fu (All Ages) Green Sash & Above 2-Person Sets</p>



WEEKLY CALENDAR

9 / 15 - 9 / 21



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No Classes	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Basic Kicking Kick Combo Line Drills</p> <p style="text-align: center;">6pm Martial Arts (9-15) All Levels Side Kicks</p>	<p style="text-align: center;">6pm Kung-Fu Green Sash & Above All Ages Foot Sweeps</p>	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Basic Blocks & Strikes Stand Alone Kicks</p> <p style="text-align: center;">6pm Martial Arts Ages 9-15 Basic Strikes & Blocks Stand Alone Kicks 3-Minute Kick Drills</p>	No Classes	No Classes	<p style="text-align: center;">9am Weekend Warrior Workouts 16+ - Adult</p> <p style="text-align: center;">10am Hip-Hop Dance Ages 6-10 Beginner</p> <p style="text-align: center;">11am Martial Arts (5-8) All Levels Targeting Kicking</p> <p style="text-align: center;">12pm Martial Arts (9-15) Kickboxing</p> <p style="text-align: center;">1pm Kung-Fu (All Ages) Green Sash & Above Form Applications</p>



WEEKLY CALENDAR

9 / 22 - 9 / 28



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No Classes	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Blocks & Evasion</p> <p style="text-align: center;">6pm Martial Arts (9-15) All Levels Side Kicks</p>	<p style="text-align: center;">6pm Kung-Fu Green Sash & Above All Ages The Foothold Form Steps & Presentation</p>	<p style="text-align: center;">5pm Martial Arts (5-8) All Levels Targeted Kicking</p> <p style="text-align: center;">6pm Martial Arts Ages 9-15 Basic Kicking Kick Combo Line Drills</p>	No Classes	No Classes	<p style="text-align: center;">9am Weekend Warrior Workouts 16+ - Adult</p> <p style="text-align: center;">10am Hip-Hop Dance Ages 6-10 Beginner</p> <p style="text-align: center;">11am Martial Arts (5-8) All Levels Round House Kicks Side Kicks</p> <p style="text-align: center;">12pm Martial Arts (9-15) Round House Kicks Side Kicks</p> <p style="text-align: center;">1pm Kung-Fu (All Levels) Green Sash & Above Movement Drills</p>